

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Heidi Prinsloo

Has successfully participated & completed the

5km Konka Farm Run

held at Konka.

**TIME** 00:42:30

**PACE** 08:30/km

**OVERALL** 131 of 320

**GENDER** 78 of 203

**40 - 49** 12 of 35

31 August 2019, Sat

Date



